

**Steve Sisolak**  
*Governor*



**Richard Whitley**  
*Director*

# State of Nevada Department of Health and Human Services

---

**Dementia Friendly Nevada Update: Task Force on Alzheimer's Disease**

**Aging and Disability Services Division**

**Presented By Jeff Doucet, Management Analyst**



11/13/2019

*Helping people. It's who we are and what we do.*

# Agenda

- 1) Grant Background
  - a) Details
  - b) Requirements
  - c) Vision; Goals; and Objectives
- 2) Project Partners
- 3) Activities and Accomplishments
- 4) Community Action Groups
- 5) Next Steps



Dementia  
Friendly  
America™

NEVADA



# Grant - Details

- Award: Administration for Community Living (ACL)
- Project Period: 9/30/2016 – 9/29/2019
- Award: \$1,000,000
- Match: \$333,710 (25%)
  
- “Grant 3”
- “Alzheimer's 3”
- *Dementia Friendly Nevada*



# Grant - Requirements

- Data Collection: Required Demographic Collection Template
- Evaluation: Conduct Baseline Assessment of Dementia Capability develop metrics; document progress and lessons learned.
- Percent of Budget on Provision of direct services: First Year 30%; Second Year 40%; Third Year 50%
- Service Gaps:
  1. Supportive Services to Persons Living Alone with ADRD;
  2. Training and Improved care with moderate to severe impairment and caregivers
  3. Intellectual and Developmentally Disabled Populations
  4. Behavioral Symptom Management and expert consolation to family caregiver



# Grant - Vision, Goals, and Objectives.

- **VISION**

Enhance the quality of life of people living with dementia and their family caregivers through coordination of services and community driven systemic community improvements.

- **GOAL**

Engage Nevada communities in dialogue about Alzheimer's and related dementias in ways that will foster adoption of evidence based supportive services at the local level.

- **Objective 1**

Begin fostering the development of a “Dementia-Friendly Nevada” (DFNV) by initiating community action groups in six (6) targeted areas throughout the state, aimed at transforming the culture of dementia, enabling conversation and participation by all citizens, especially those living with dementia.

- **Objective 2**

Facilitating/mobilizing community-driven change and decision making for local Community Action Groups (CAG).

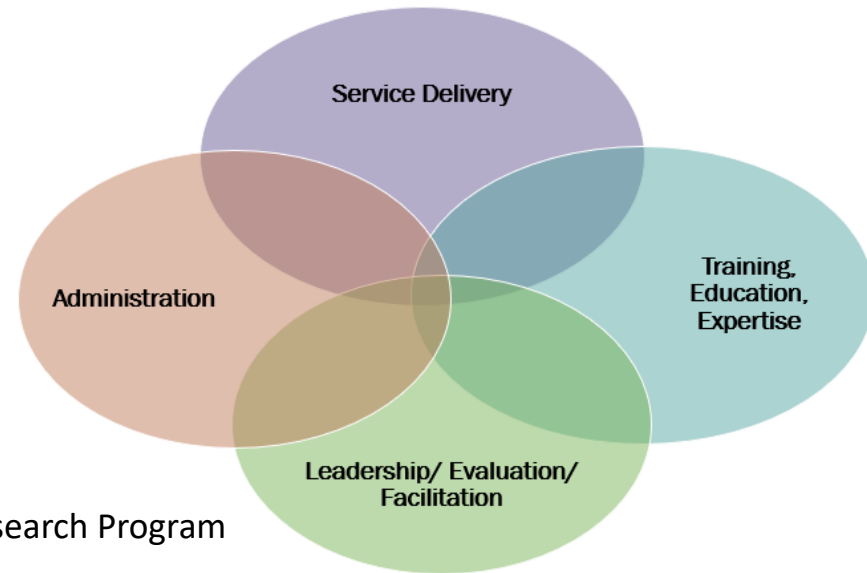
- **Objective 3**

Enhance the reach and spread of Nevada's Toolbox of available programs by making available for community action groups referring clients into existing Toolbox of Nevada's Evidence-based care programs.



# Project Partners/ Roles

- Administration/ Project Lead
  - ADSD
- Leadership/ Evaluation/ Facilitation
  - University of Nevada Reno
    - Sanford Center For Aging
    - School of Community Health Science
    - Dementia Engagement, Education, and Research Program
- Service Delivery
  - Access to Healthcare Network (AHN)
  - Alzheimer's Association (Northern and Southern Nevada)
  - Nevada Senior Services (NSS)
  - Rural and Senior Volunteer Program (RSVP)
- Training; Education; Expertise
  - Cleveland Clinic Lou Ruvo Center for Brain Health
  - National Association of Area Agencies on Aging (N4A)
  - ADSD – Developmental Services



# Activities and Accomplishments

## ADMINISTRATIVE

- **Dementia Friendly Nevada Logo:** Statewide Logo and Community Action Groups (CAG) specific Logos.
- **Dementia Friendly Nevada Website:**  
<https://dementiafriendlynevada.org/> website houses CAG specific pages to highlight CAG activities.
- **Dementia Friendly Nevada Social Media Pages**  
Facebook, Twitter, Instagram, Google+
- **Reports:** *Final Project Report (when complete)*; 5 Semi Annual Progress Reports; *Dementia Friendly Nevada: Statewide Community Assessment*; Evaluation Project Measures; Subrecipient Reports



# Activities and Accomplishments

## WORK GROUPS

- **Champions:** Provide an open discussion opportunity for funded communities to share and discuss best practices, ideas, concerns, and ways to improve Dementia Capability in their areas and across Nevada. Provide an update and engage state and others on developments and concerns.
- **Statewide:** “Big Picture”; Establish and support dementia-friendly activities across Nevada. Provide insight on policy considerations and legislative support needed to remove barriers or improve state support for the ADRD population. Assist with activities to meet Nevada’s goal as a dementia-capable and dementia-friendly state.
- **Sustainability :** To sustain Dementia Friendly Nevada activities. Focus on developing infrastructure to support Dementia Friendly Nevada efforts.





# Activities and Accomplishments

## RESOURCES AND PUBLICATIONS

- **Resource Notebook (CCLRCBH): *Navigating the Dementia Journey*** provides information on supportive programs and services, where to find help for care planning, common issues and concerns related to dementia and cognitive impairment, and increased awareness of Dementia Friendly Practices.
- **Resource Roadmap:** A “Roadmap” guide to connect with community services
- **Nevada Dementia Supports Toolbox:** “Toolbox” Services by Community Action Group Area – Grant Related.
- **Infographic** on Dementia Statistics and Dementia Friendly Nevada activities and accomplishments.
- **General Outreach Materials:** Flyers, Brochures; Information; Subrecipient Outreach Material



# Activities and Accomplishments

## PROGRAMS AND EDUCATION

- **Nevada Dementia Support Toolbox: Savvy Caregiver** (66); Early Stage Partners in Care (EPIC) (79); Benjamin Rose Institute on Aging - *Care Consultation* <sup>TM</sup> (160)
- **10 Warning Signs:** Alzheimer's Association Northern Nevada (183)
- **Community Memory Screenings:** DFSN conducted (4) community memory screenings. CCLRCBH trained nursing students from the College of Southern Nevada (39) and University of Nevada Las Vegas (22) to perform the Brief Alzheimer's Screen (BAS) Test. Screened (385) community members. Recommended 28 community members for additional screening with a health care provider.
- **Community Awareness Training (CAT):** designed to increase understanding of Dementia Friendly practices related to communication, physical space and caregiving. Estimated 94 participants from 7 presentations. Three (3) modules, Faith-based (33), Business (25), and Community Organization(36).
- ***Cracked: new light on dementia*** is a one-hour, innovative research-based theatre production. It casts a critical light on society's view of dementia.

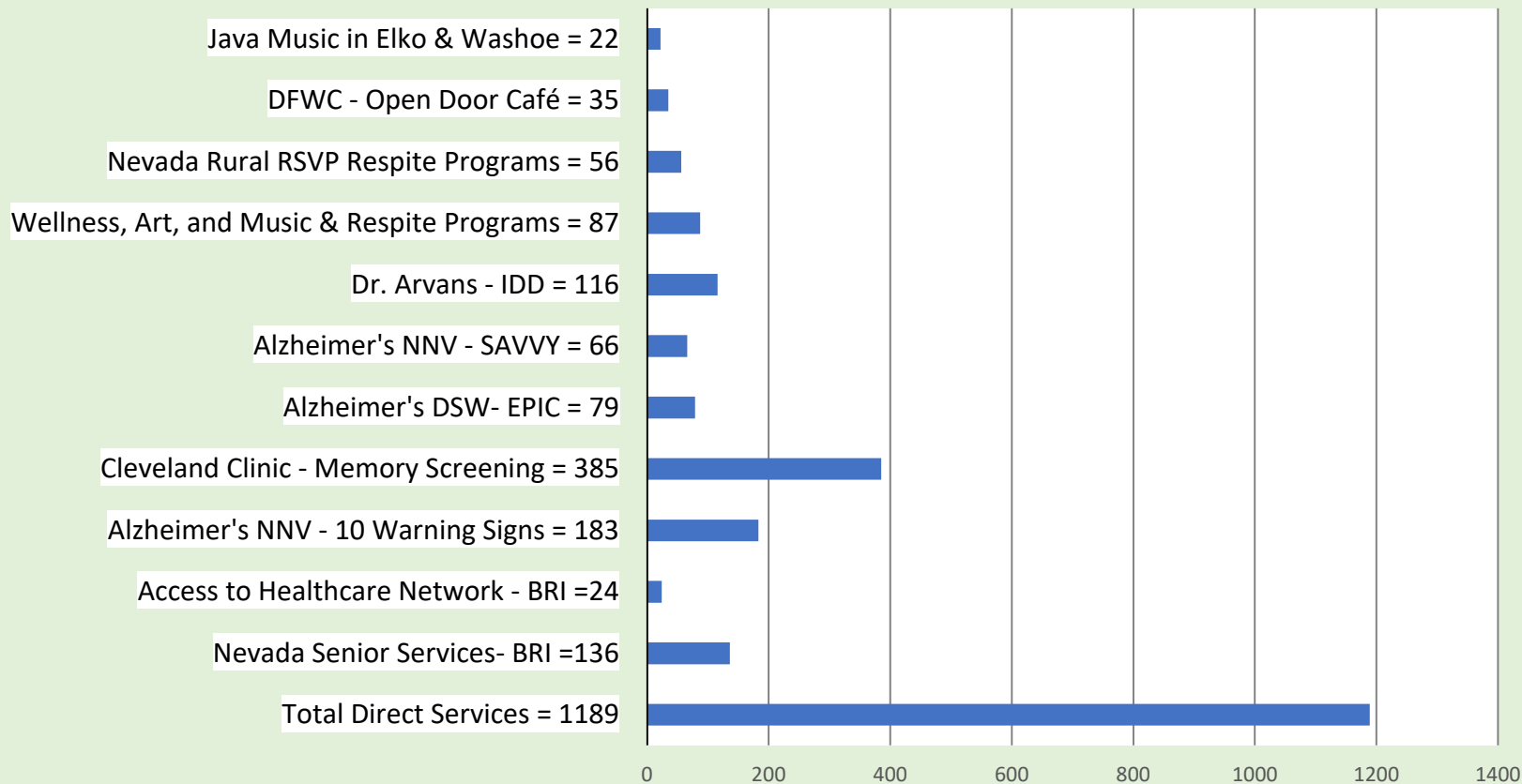
# Activities and Accomplishments

## PROGRAMS AND EDUCATION

- **Dementia Friends:** *Dementia Friends* Champions training is a “train-the trainer” type training model, which allows trained Champions to facilitate *Dementia Friends* training throughout their respective communities. Champions Trained (74); Dementia Friends (589)
- **Friends Day Out:** A 4-hour respite program originated in Elko comprising lunch, social activity, Java Music, exercise, offering unique engagement activities for persons with dementia and respite for caregivers. (11)
- **Java Music:** The Java Music Club is a standardized peer support intervention designed to address the critical rates of depression and loneliness common among people living with dementia. Java Music Club allows caregivers to attend as well as persons with dementia and is facilitated by Rural RSVP volunteers. Elko and Washoe (22)
- **Open Door Café:** Modeled after “memory café” models, the evidence-informed program has been found to promote social connectedness and help people with dementia develop networks of mutual peer support by helping them feel comfortable, valued, and understood. The Open-Door Café allows for participants to exchange ideas, learn of existing resources such as the Nevada Dementia Support Toolbox programs, and plan new opportunities. A reported (35) total number of participants have been served through this program, with most having attended multiple times.
- **Wellness, Art, and Music:** A modified respite program with Java Music and activities involving wellness, art, and music. (87)

# Activities and Accomplishments

Total Direct Services Provided to Individuals



# Activities and Accomplishments

## CONFERENCE AND TRAINING

- **First Responder Training:** Includes physician presentations, patient/caregiver interviews and testimonials, and a first responder panel discussion on Alzheimer's Disease, Lewy Body Dementia and Frontotemporal Dementia. The video series was watched 550 times as of September 29, 2019. Training provides 4 hours of CEUs for EMT's, POST, police, paramedics, fire, social workers, physicians, NP's, PA's, RN's. Available to access through DFNV website.
- **Dementia Capable Conference (2018):** held on June 2, 2018 for healthcare providers and social workers. Approximately 193 providers attended. Conference presentations have been published for online viewing at the dementiafriendlynevada.org website. <https://showrunnerinc.com/e/5cf03be462043a0bd6bb9745/C10082>
- **Dementia 2019 - Managing a Public Health Crisis:** held on May 31 to June 1, 2019 and offered Continuing Education credits for physicians and other healthcare practitioners as well as social workers and psychologists. Majority of the content was new to at least 75% of participant <https://showrunnerinc.com/e/5cf03be462043a0bd6bb9745/C10082>
- **The Nevada Tribal Summit on Brain Health and Dementia:** Born of a desire to increase discussions about dementia within and across Nevada's Tribes, to learn about issues of aging, cognitive health, dementia care and support, and community resources. Potential applications of CDC Healthy Brain Initiative's Road Map for Indian Country.



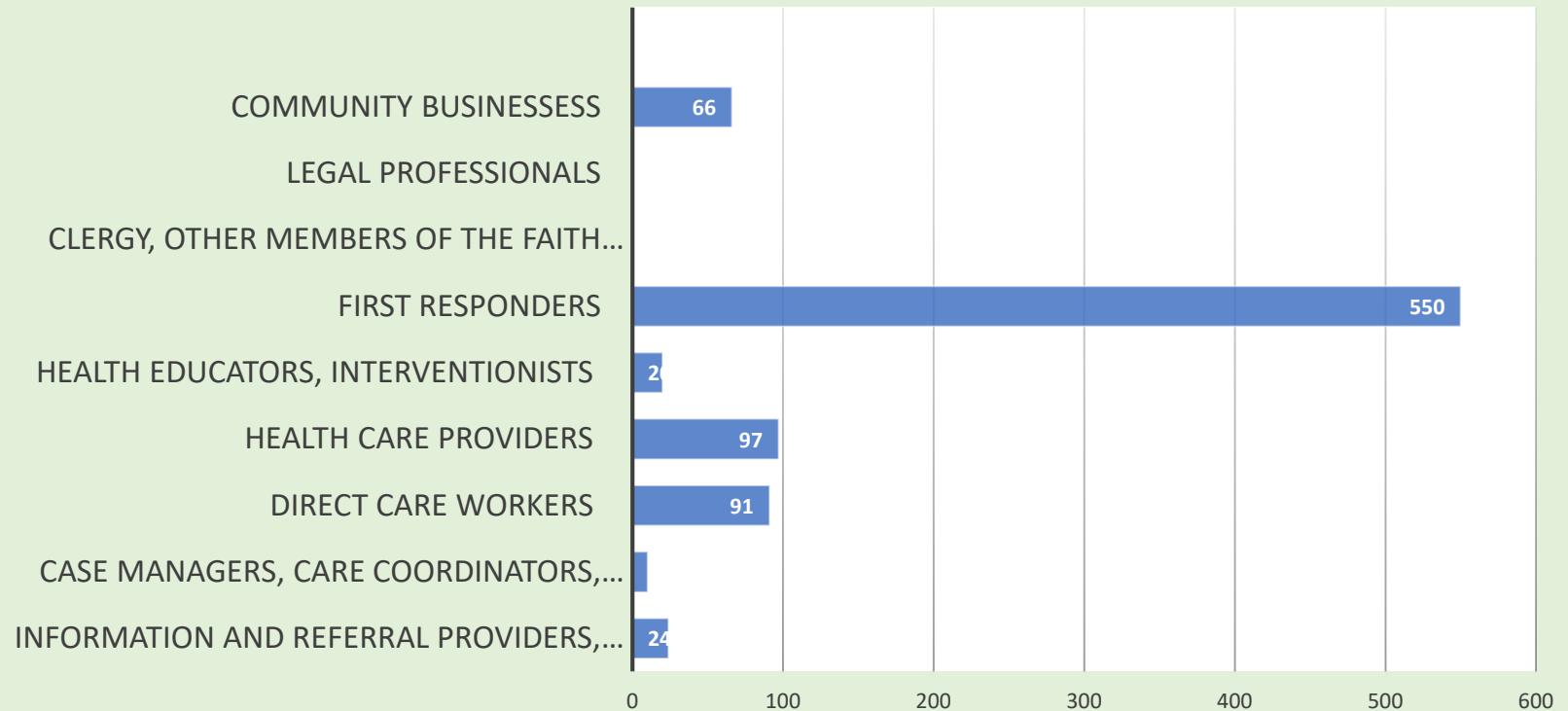
# Activities and Accomplishments

## CONFERENCE AND TRAINING

- **Living Alone with Alzheimer's: A Solutions Summit:** conversations with persons who are navigating life with Alzheimer's or a related dementia, an overview of the numbers and types of single person households they live in, health and social risk factors such as social isolation, and ethical dilemmas to consider. Solutions providers from social services, health care and technology sectors will be featured.
- **Caregiver Conference: Supporting the Well-Being of Residents Living with Dementia** Dr. Jennifer Carson, DFNV CAG Facilitator, presented an overview of the Dementia Friendly Nevada Project at the *Caregiver Conference: Supporting the Well-Being of Residents Living with Dementia* in both Las Vegas (February 7<sup>th</sup>) and Reno (February 19); for more information see <https://med.unr.edu/calendar/2019/caregiver-conference-x31082>. In Las Vegas, 192 attendees and 118 attendees in Reno attended the presentation, providing valuable insight on DFNV activities throughout the State of Nevada.
- **National Task Group (NTG) Overview for Aging and intellectual Disabilities:** Understanding similarities and differences between the aging process and addressing safety and abuse concerns (116)
- **Community Awareness and Education Events:** Elko October 2018 and Pahrump on May 29, 2019

# Activities and Accomplishments

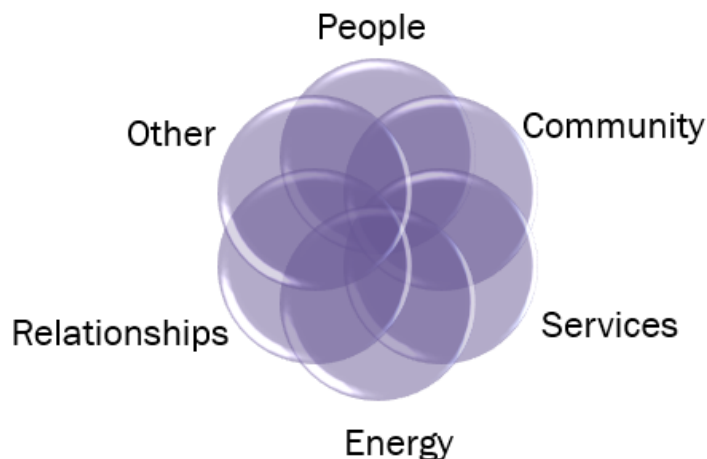
Professionals Trained by Category



# Activities and Accomplishments

## INTANGIBLES

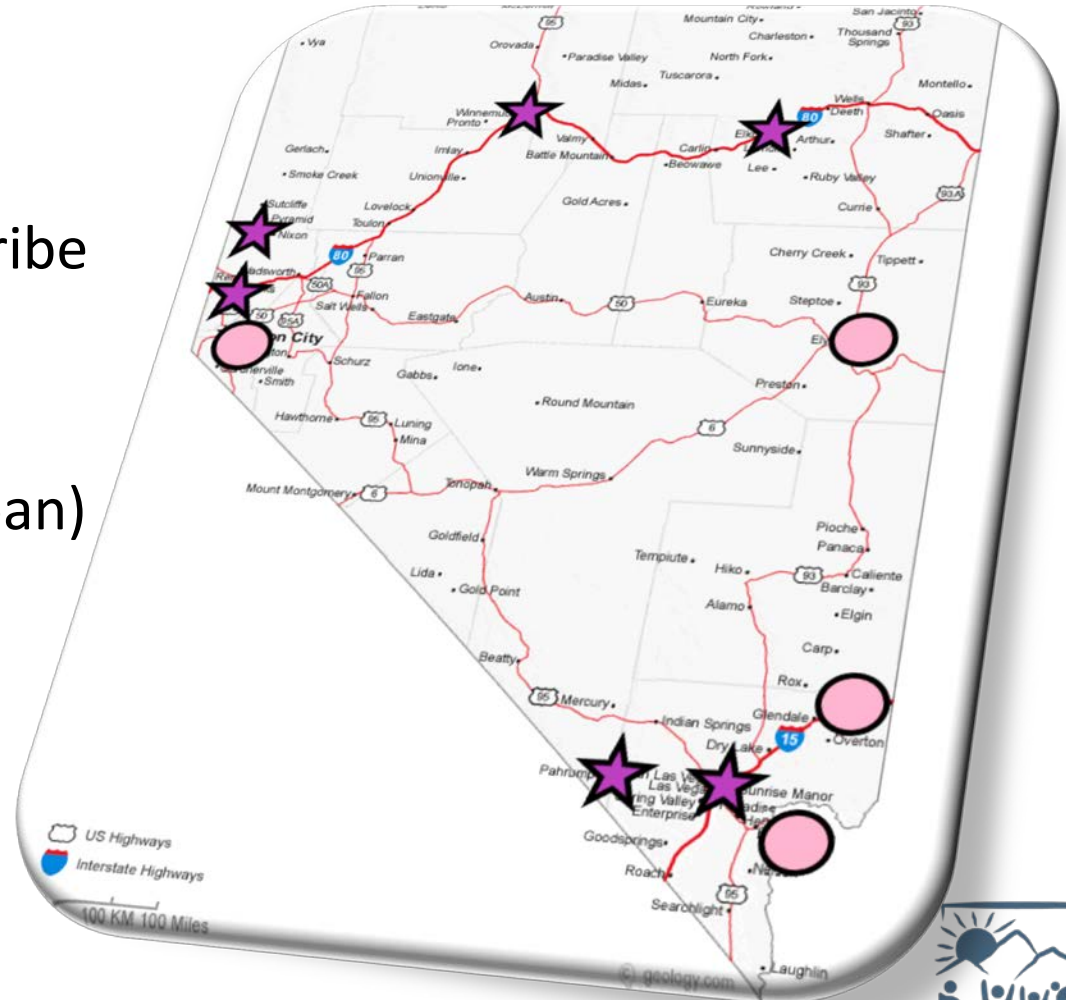
- **People:** Awareness / Attitudes / Understanding / Inclusive Nature – Bringing People Together / Discussions and Dialog
- **Community:** Presence/ Action / Stakeholders / Sectors
- **Services:** Connections to Available Services / Understanding on what services might be needed
- **Energy:** People / Communities / Care Partners and People Living with Dementia / Service Providers
- **Relationships:** People / Community / Service Providers / Dementia Friendly Communities / National and Local Support System
- **Others:** ???





# Communities: Dementia Friendly Community Action Groups

- Washoe County
- Winnemucca
- Pyramid Lake Paiute Tribe (Pesa Sooname)
- Pahrump
- Southern Nevada (Urban)
- Elko





# Community Action Groups

- **Washoe County**

- Goal 1: To build a robust offering of volunteer-driven, Peer Support opportunities for people living with dementia and their care partners through the creation of supportive environments designed specifically to meet their expressed needs.
- Goal 2: To offer opportunities for people living with dementia and their care partners to access services that promote holistic health and well-being within a dementia-friendly framework of support and inclusivity.
- Goal 3: To promote dementia awareness and supportive attitudes among the broader Washoe County community and to educate organizations and individuals to better serve and support people living with dementia.

- **Winnemucca**

- Goal 1: Education and information for business owners, employees, and the public about Alzheimer's disease and other dementias including signs and symptoms, progression, and how to best help the caregiver and the individual with dementia.
- Goal 2: Offer REST (Respite Education and Resource Tools) training to expand knowledge of respite care and to increase the number of respite providers in Winnemucca and Humboldt County.
- Goal 3: Provide presentations such as Dementia Friends and education updates of Alzheimer's and other dementias. Deliver our booklets and brochures that include additional community information and dementia postings.
- Goal 4: Expand community awareness through community events.
- Goal 5: Receive training to offer Early Stage Alzheimer's support groups

- **Pyramid Lake Paiute Tribe (Pesa Sooname)**

- Goal 1: Provide comprehensive geriatric clinical services in partnership with the UNR-Med's Sanford Center for Aging
- Goal 2: Provide formal and informal opportunities for dementia education



# Community Action Groups

- **Pahrump**

- Goal 1: To improve geriatric clinical services in Pahrump with an aim to improve early detection and treatment;
- Goal 2: To provide comprehensive dementia education to family care partners
- Goal 3: To provide community education and awareness

- **Southern Nevada (Urban)**

- Goal 1: Develop & Implement Community Awareness Program
- Goal 2: Increase number of Community Awareness Training master trainers and community volunteers
- Goal 3: Increase access to dementia awareness presentations
- Goal 4: Increase awareness of dementia
- Goal 5: Implement Community-Based Memory Screenings
- Goal 6: Increase number of individuals receiving memory screenings
- Goal 7: Assess individual's willingness to follow-up on memory screening based on results
- Goal 8: Educate and update community resource providers on the signs and symptoms of dementia to properly route callers to the most helpful human services information and resources.
- Goal 9: Empower patients and caregivers with the knowledge and skills they will need to navigate the dementia journey.

- **Elko**

- Goal 1: Provide at least one Dementia Friends information session per month July 2018 – July 2019, offered at the Terrace at Ruby View, and by invitation
- Goal 2: Provide a weekly peer support/respite program at the Terrace at Ruby View in partnership with Nevada Rural Counties RSVP Rural utilizing the Java Music Club (“Friends’ Day Out”)





# Next Steps

- Dementia Engagement Education and Research Program (DEER)
  - Administrative Home of Dementia Friendly Nevada
  - ADSD Funding to Continue through June 30, 2020.
  - Infrastructure to Apply for and Receive Funding
  - Support for Web Resources and Online Training Resources

## Connections: Dementia Related Activities in Nevada

- CDC Healthy Brain Initiative
- Department of Public and Behavioral Health
- BOLD Act
- Others...





# Questions?





# Contact Information

Jeff Doucet

Management Analyst

[jsdoucet@adsd.nv.gov](mailto:jsdoucet@adsd.nv.gov)

70-486-3367

<http://adsd.nv.gov/>





# Acronyms

- ACL: Administration for Community Living
- ADSD: Aging and Disability Services Division
- AHN: Access to Healthcare Network
- ADRD: Alzheimer's Disease and Related Disorders
- BAS: Brief Alzheimer's Screen
- BRI: Benjamin Rose Institute on Aging
- CAG: Community Action Group
- CAT: Community Awareness Training
- CCLRCBH: Cleveland Clinic Lou Ruvo Center for Brain Health
- CDC: Centers for Disease Control and Prevention
- CEU: Continuing Educational Unit
- DEER: Dementia Engagement, Education, and Research Program
- DFNV: Dementia Friendly Nevada
- DFSN: Dementia Friendly Southern Nevada
- DFWC: Dementia Friendly Washoe County
- EMT: Emergency Medical Technician
- EPIC: Early Stage Partners in Care
- IDD: Intellectual and/or Developmental Disability
- N4A: National Association for Area Agencies on Aging
- NSS: Nevada Senior Services
- Rural RSVP: Rural and Senior Volunteer Program
- TFAD: Task Force on Alzheimer's Disease
- UNR: University of Nevada Reno

